LUNCH MENU

shelly beach cafe Ballina

12pm-2pm

We do not allow menu changes, except for dietary requirements.
If you have dietary requirements, please let your server know.
Thank you for your understanding.

Grilled Flat Bread (V) **18**
whipped ricotta, marinated zucchini, basil, parmesan

Chilli Salt and Pepper Tasmanian Squid (GF)(DF)(N)(A) **34**
coconut, chilli, mango, cucumber, coriander, lime, spiced macadamias

Fish Tacos (2) (GF available)(VE available)(A) **30**
Mooloolaba crumbed whiting fillet on a flour tortilla with slaw, chipotle mayo & Jalapenos

Grilled Chicken Salad (GF)(V available) **33**
cos, boiled egg, halloumi, avocado, parmesan, crispy prosciutto, caesar dressing

Karaage Chicken Burger (GF available) **29**
fried chicken thigh, chipotle mayo, cos, slaw, pickles, fries

Shelly's Nasi Goreng (GF)(DF)(N)(VE available) **34**
fried brown rice with lemongrass, Asian greens, oyster sesame sauce, chilli oil, fried egg, bean sprouts & spiced macadamias
add karaage chicken **8**

Grilled Barramundi (GF)(DF)(N)(A) **43**
Australian wild caught Barramundi with a coconut lemongrass lime curry sauce, brown rice, Asian greens, bean sprouts & spiced macadamias

Pesto Prawn Linguine (A) **39**
prawn, confit garlic, peas, spinach, zucchini, parmigiano

Chicken Piccata (GF) **34**
pan-seared chicken with crispy herb potatoes, confit cherry tomatoes, thyme, mushrooms & wilted spinach in a rich creamy white wine, caper & pea sauce

Sides
Fries (GF)(DF)(V)- sea salt, sumac, chipotle mayo **14**
Shelly's Side Salad (GF)(V) cos, rocket, tomato, cucumber, parmesan & vincotto **15**
Others:
Fried Egg 3, Avocado Half 6, Fried Halloumi 8, Fried Chicken 8, Bacon 10

V- Vegetarian, VE- Vegan, GF- Gluten Free, DF- Dairy Free, N- Contains nuts
Seafood Origin: A - Australian. I - Imported, M - Mixed

ALLERGY WARNING: ALL menu items may contain or come into contact with GLUTEN, wheat, eggs, nuts and milk. Please advise your server of any allergies.

1.1% surcharge on all card payments EXCEPT 2.5% surcharge on AMEX,
10% surcharge applies on Sunday and 15% on public holidays.